

ZACHARY COMMUNITY SCHOOLS

BREAKFAST & LUNCH MENU

JANUARY 27-31, 2025

MON

Pancake on a Stick Warm Syrup Fresh Fruit Assorted Juice Chilled Milk Red Beans & Rice Silly Steamed Broccoli Super Smart Sweet Potatoes Warm Cornbread Fresh Fruit Ice-Cold Milk or Water

TUE

Bacon & Egg Scramble Buttered Biscuit & Jelly Fresh Sliced Fruit Assorted Juice Chilled Milk Grilled Chicken Fajitas Tossed Taco Salad Mexicali Corn Fresh Fruit Ice-Cold Milk or Water

WED

Crunchy Cereal Fruity Yogurt Fresh Bananas Assorted Juice Chilled Milk Cheesy Beef-a-Roni Italian Blend Veggies Cool Cucumbers & Ranch Warm Roll Fresh Fruit Ice-Cold Milk or Water

THUR

Flaky Warm Croissant Savory Turkey Sausage Cool Fresh Fruit Assorted Juice Chilled Milk Turkey Roast
Fluffy Rice & Gravy
Lively Lima Beans
Totally Turnip Greens
Buttered Roll
Fresh Fruit
Ice-Cold Milk or Water

FRI

Glazed Whole Grain Donut Fresh Sliced Fruit Assorted Juice Chilled Milk Classic Chili/Cheese Dogs Oven Baked Fries Cool Celery/Carrots Warm Chocolate Chip Cookie Fresh Fruit Ice-Cold Milk or Water