

Pre-K - 6<sup>th</sup> Grade - \$ 2.00

Lunch January 2019

7<sup>th</sup> - 12<sup>th</sup> Grade - \$ 2.25

07	08	09	10	11
Hot Dog on a Bun Chili Sweet Potato Tots/Fries Broccoli Fruit Choices	Beefy Nacho w/Cheese Refried Beans Salsa Cup Lettuce/Tomato Cup Corn Cobbett Fruit Choices	Cheeseburger Lettuce/Tom/Pickle Cup French Fries Tomato/Cucumber Salad Fruit Choices	Spaghetti w/Meat/balls Tossed Salad w/Dress Italian Cut Beans Fruit Choices Garlic Toast	Chicken Nuggets Mac-n-Cheese Carrot Coins Lima Beans Fruit Choices
14	15	16	17	18
Red Beans & Sausage White Rice Smothered Cabbage Sweet Potatoes Fruit Choices Cornbread	Chicken Tacos Refried Beans Whole Kernel Corn Taco Salad Cup Salsa Cup Fruit Choices	Corn Dogs Potato Tots/Fries Peas & Carrots Fruit Choices	Baked Chicken Roasted Red Potatoes Steamed Spinach Fruit Choices Hot Wheat Roll	Pepperoni Pizza Tossed Salad Cucumber Tomato Cup Fruit Choices Brownie Bites
21	22	23	24	25
Martin Luther King Day NO SCHOOL	Chicken Taquitos Mexican Beans Tossed Salad w/Dressing Corn on the Cob Fruit Choices	Salisbury Steak Rice & Gravy Carrot/Celery Cup Asian Blend Veggies Fruit Choices Hot Wheat Roll	Lasagna Tossed Salad w/Dressing Carrot Coins Fruit Choices Garlic Toast	Chicken Tenders Cheesy Spaghetti Mixed Vegetable Seasoned Greens Frozen Fruit Cup Fruit Choices
28	29	30	31	2/1/2019
Chick/Sausage Gumbo Potato Salad Rice Smother Okra & Tomatoes Fruit Choices Crackers	Taco Maxx Snaxx Fresh Veggie Cup w/Dress Whole Kernel Corn Salsa Cup Fruit Choices	Meatloaf Mashed Potatoes California Blend Veggies Fruit Choices Hot Wheat Roll	BBQ Chicken Baked Beans Steamed Spinach Fruit Choices Hot Wheat Roll	Pepperoni or Cheese Pizza Marinara Sauce Mixed Vegetables Tossed Salad w/Dress Fruit Choices
<p>Students May Select The Following Items:</p> <p><b>Choice of 1 Entrée</b></p> <p><b>Choice of 1 Grain</b></p> <p><b>May Choose All Vegetables</b></p> <p><b>May Choose up to 2 Fruits</b></p> <p><b>Choice of Milk if desired</b></p>		<ul style="list-style-type: none"> <li>Students <b>MUST</b> choose at least <b>½ cup fruit or ½ cup vegetable.</b></li> <li>Students may decline 2 of the 5 food components. Milk is not required.</li> </ul> <p>Main entrees such as pizza and sandwiches count as a meat and a bread/grain.</p>		

\*\*\*\*\*MENU SUBJECT TO CHANGE\*\*\*\*\*

Pre - K through 8<sup>th</sup> Grade

\*\*\*\*\*MILK CHOICE OFFERED DAILY\*\*\*\*\*

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