

ZACHARY COMMUNITY SCHOOLS

BREAKFAST & LUNCH MENU

SEPTEMBER 23-27, 2024

MON

Pancake on a Stick Fresh Fruit Assorted Juice Chilled Milk

Ham & Cheese Egg

Homemade Salisbury Steak Rice & Gravy Yummy Sweet Potatoes Totally Turnip Greens Warm Roll Fresh Fruit Ice-Cold Milk or Water

TUE

Scramble
Buttered Biscuit & Jelly
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Grilled Chicken Tacos Fiesta Salad Creamy Refried Beans Fresh Fruit Ice-Cold Milk or Water

WED

Crunchy Cereal Fresh Bananas Assorted Juice Chilled Milk Cheesy Beef-a-Roni Winter Blend Veggies Buttery Corn Warm Roll Fresh Fruit Ice-Cold Milk or Water

THUR

Flaky Warm Croissant Savory Turkey Sausage Cool Fresh Fruit Assorted Juice Chilled Milk Oven Fried Chicken Cheesy Scalloped Potatoes Beaming Broccoli Fluffy Roll Fresh Fruit Ice-Cold Milk or Water

FRI

Glazed Whole Grain Donut Fresh Sliced Fruit Assorted Juice Chilled Milk Classic Chili Cheese Dogs Oven Baked Tots Cool Celery & Carrot Sticks Fresh Fruit Ice-Cold Milk or Water