

## Breakfast October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			01	02
			Mini Pancakes Fruit and Juice Milk Choice	Glazed Donut Sausage Pattie Fruit and Juice Milk Choice
05	06	07	08	09
Scrambled Eggs & Biscuit Fruit and Juice Milk Choice	Breakfast Muffin Yogurt Fruit and Juice Milk Choice	Pancakes Fruit and Juice Milk Choice	French Toast Sausage Pattie Fruit and Juice Milk Choice	Assorted Cereal Fruit and Juice Milk Choice
12	13	14	15	16
Pancake Pups Fruit and Juice Milk Choice	Breakfast Pizza Fruit and Juice Milk Choice	Waffles Hashbrowns Fruit and Juice Milk Choice	Egg Slider Sandwich Fruit and Juice Milk Choice	Sausage Pattie Biscuit Stick Fruit and Juice Milk Choice
19	20	21	22	23
Assorted Cereal Fruit and Juice Milk Choice	Breakfast Flatbread Fruit and Juice Milk Choice	Eggstravaganza Biscuit Stick Fruit and Juice Milk Choice	Mini Pancakes Fruit and Juice Milk Choice	Glazed Donut Sausage Pattie Fruit and Juice Milk Choice
26	27	28	29	30
Scrambled Eggs & Biscuit Fruit and Juice Milk Choice	Breakfast Muffin Yogurt Fruit and Juice Milk Choice	Pancakes Fruit and Juice Milk Choice	French Toast Sausage Pattie Fruit and Juice Milk Choice	Assorted Cereal Fruit and Juice Milk Choice
Students <b>MUST</b> select 3-5 of the following Items: <b>Choice of 1-2 Grains *</b> <b>Choice of 1-2 Fruits**</b> <b>Choice of Milk</b>		* <b>may include 1 meat as substitute grain</b>  <b>** 1 juice allowed</b>		For a complete breakfast: Students must choose at least <b>½ cup fruit</b>

\*\*\*\*\*MENU SUBJECT TO CHANGE\*\*\*\*\*

Pre - K through 8<sup>th</sup> Grade  
THIS INTSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\*\*\*\*\*MILK CHOICE OFFERED DAILY\*\*\*\*\*