

Lunch October 2020

			01	02
			Pepperoni Pizza w/Marinara Mixed Veggies Spinach Fruit Choice	Baked Chicken Roasted Red Potatoes Corn Fruit Choice Dinner Roll
05	06	07	08	09
Hot Dogs with Chili French Fries Steamed Spinach Fruit Choice	Beef-A-Roni California Blend Veggies Greens Beans Fruit Choice Garlic Rolls	Breaded Chicken Pattie Carrot Coins Broccoli Florets Fruit Choice Dinner Roll	Meatloaf Mashed Potatoes & Gravy Lima Beans Fruit Choice Dinner Roll	Beefy Soft Tacos Refried Beans Corn Salsa Cup Fruit Choice
12	13	14	15	16
FALL BREAK	FALL BREAK	Pepperoni Pizza w/Marinara Mixed Veggies Spinach Fruit Choice	Salisbury Steak Rice & Gravy Smothered Cabbage Carrot Coins Fruit Choice Dinner Roll	Baked Chicken Roasted Red Potatoes Corn Fruit Choice Dinner Roll
19	20	21	22	23
Corn Dogs Tater Tots Seasoned Greens Fruit Choice Milk Choices	Spaghetti w/Meatsauce Carrot Coins Green Beans Fruit Choice Garlic Roll	Grilled Chicken Sandwich California Blend Corn Fruit Choice	Jambalaya Smothered Okra & Tomatoes Broccoli Fruit Choice Cornbread	Backyard Burgers French Fries/Tater Tots Baked Beans Fruit Choice
26	27	28	29	30
Hot Dogs with Chili French Fries Steamed Spinach Fruit Choice	Beef-A-Roni California Blend Veggies Greens Beans Fruit Choice Garlic Rolls	Breaded Chicken Pattie Carrot Coins Broccoli Florets Fruit Choice Dinner Roll	Meatloaf Mashed Potatoes & Gravy Lima Beans Fruit Choice Dinner Roll	Chicken Soft Tacos Refried Beans Corn Salsa Cup Fruit Choice
Students May Select The Following Items: Choice of 1 Entrée Choice of 1 Grain May Choose All Vegetables May Choose up to 2 Fruits Choice of Milk if desired			<ul style="list-style-type: none"> • Students <u>MUST</u> choose at least ½ cup fruit or ½ cup vegetable. • Students may decline 2 of the 5 food components. Milk is not required. Main entrees such as pizza and sandwiches count as a meat and a bread/grain. 	

*****MENU SUBJECT TO CHANGE*****

Pre - K through 8th Grade

*****MILK CHOICE OFFERED DAILY*****

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