



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
JANUARY 19-23, 2026



MON

Warm Buttered Toast
Colby Cheese Omelet
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Grilled Chicken Fajitas
Fun Fiesta Beans
Mexicali Corn
Fresh Fruit
Ice-Cold Milk or Water

TUE

Mini Maple Waffles
Warm Syrup
Fresh Bananas
Assorted Juice
Chilled Milk

Savory Stewed Chicken
Rice and Gravy
Super Smart Sweet Potatoes
Popeye's Spinach
Honey Butter Roll
Fresh Fruit
Ice-Cold Milk or Water

WED

Sunrise Breakfast Burrito
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Swirly Spaghetti & Meat Sauce
Captain Carrot Coins
Fresh Tossed Salad
Garlic Butter Roll
Mixed Fruit
Ice-Cold Milk or Water

THUR

Fruity Blueberry Muffin
Chilled Fruit
Assorted Juice
Chilled Milk

Totally Turkey/Cheese Croissant
Oven Baked Fries
Cool Cucumbers & Ranch
Chewy Chocolate Chip Cookie
Fresh Fruit
Ice-Cold Milk or Water

FRI