



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
JANUARY 26-30, 2026

MON

Brilliant Sausage, Egg, &
Cheese Bagel Sandwich
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Jumpin' Jambalaya
Witty White Beans
Super Smart Sweet Potatoes
Buttered Roll
Fresh Fruit
Ice-Cold Milk or Water

TUE

Cinnamon Swirl Oatmeal
Totally Turkey Sausage
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Dippin' Chicken Nuggets
Cheesy Mac & Cheese
Growing Green Beans
Crazy Carrot Sticks
Fresh Fruit
Ice-Cold Milk or Water

WED

Mini Maple Waffles
Warm Syrup
Fresh Bananas
Assorted Juice
Chilled Milk

Mighty Meatloaf
Cheesy Scalloped Potatoes
Savory Steamed Broccoli
Honey Butter Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Stuffed Breakfast
Hot Pocket
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Mega Meat Pizza
Mighty Mixed Veggies
Fresh Tossed Salad
Garlic Butter Roll
Mixed Fruit
Ice-Cold Milk or Water

FRI

Homemade Cinnamon Rolls
Chilled Fruit
Assorted Juice
Chilled Milk

Crispy Chicken Sandwich
Oven Baked Tots
Cool Celery/Carrots/Tomatoes
Chewy Chocolate Chip Cookie
Fresh Fruit
Ice-Cold Milk or Water